

Shared Vision



Many times children aren't on the same page as adults about expectations. This can lead to frustration and arguments. Use a Shared Vision to make expectations clear and prevent conflict.

1. Before the upcoming activity, ask the child, "What do we need to see, hear, feel and do MORE of to make sure this activity goes well?"

2. Also ask, "What do we need to see, hear, feel, and do LESS of to make sure it goes well?"

3. Be sure the more outnumbers the less. For example, recommend "MORE quiet voices" instead of "LESS shouting" when you're on the phone. Give the child a chance to practice different volumes and choose the "quiet" voice that would be best.

4. Make sure to create the Shared Vision together. Allow the child to drive the conversation but offer guidance.

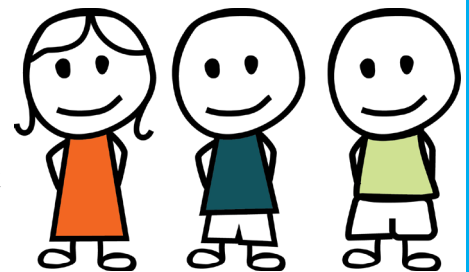
5. Before an activity, review the Shared Vision. During the activity, compliment children when they exhibit the MORE behaviors. Offer quiet reminders about the LESS behaviors.

6. Talk with your child about how it went after the activity. "What did we do well?" "What do we want to work on for the next time?"

This tested and proven strategy reduces conflict and frustration by ensuring adults and children are on the same page with expectations before, during, and after an activity. When adults and children have a Shared Vision, it creates peace, productivity, health, and happiness for everyone.

To learn more about PAX Tools visit PAXtools.org, or @PAXTools on Facebook.

Watch free videos about this or other PAX Tools strategies, visit YouTube. For more helpful videos subscribe to the PAX Tools YouTube channel.



PAX Tools©2020 are copyrighted, and not for resale. This PAX Tools™ Recipe may be reproduced in whole without cost only with the trademarks and copyright notices. PAX Tools™ and PAX Good Behavior Game® are trademarks of PAXIS Institute. PAXIS Institute is an international prevention science company—www.paxis.org.